

Hospital Admission Family Checklist

What to Do When Your Parent Is Admitted to the Hospital

Patient Name: _____

Date of Admission: _____

Classification & Admission Details

- Ask: Is my parent being admitted as **inpatient** or **observation**?
- Identify the **hospitalist or attending physician** managing care
- Clarify which **unit** or floor your parent is being placed on

Communication & Care Coordination

- Request an update on your parent's condition and **next care steps**
- Ask: "What are we watching for in the next 24–48 hours?"
- Ask when **test results** (labs, imaging) will be available
- Confirm how and when family will receive **regular updates**

Documentation & History

- Share a list of **current medications and allergies**
- Provide any **advanced directives or healthcare proxy forms**
 - If transferred from another facility, request a **copy of transfer documents**

Advocacy & Note-Taking

- Write down the **names of key staff** (doctors, nurses, case manager)
- Keep a **notebook or phone log** of updates and questions
- Ask when **discharge planning** will begin and who is involved